

PRINCESS GRILL

Lunch

CANYON RANCH SPA SELECTIONS

Appetizer — Cream of Tomato Soup 80/3/3 (V)
Entrée — Chicken Meatball Sandwich with Marinara Sauce & Mozzarella 370/15/4
Dessert — Fresh Fruit Plate 120/tr/6

APPETIZERS & SOUPS

Avocado & Grapefruit Cocktail, Yoghurt Ginger Cream
Mixed Herrings, Apple Carrot Slaw & Sour Cream Flan
Cream of Tomato Soup
Chilled Sweet Bell Pepper Soup, Citrus Liaison (V)

SALAD & SANDWICH

Romaine, Frisée, Mesclun Lettuce, Choice of Dressings & CR Signature Dressing (V)
A Selection of Cold Meats is Always Available
Chicken Meatball Sandwich with Marinara Sauce & Mozzarella, French Fries

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ENTRÉES

Rigatoni Pasta, Arugula, Sun-Dried Tomatoes, Creamy Chicken Sauce
Broiled Ocean Perch, Sautéed Spinach & Fava Beans, Nut Butter
Beef Stroganoff, Pilaf Rice, Julienne of Red Beets & Cornichons
Asian Broccoli, Cauliflower & Sautéed Green Beans
Grilled Pork Cutlet, Horseradish Mash, Wild Mushrooms, Madeira Sauce

DESSERTS

Chocolate Brownie with Vanilla Ice Cream & Whiskey Sauce
Freshly Baked Apple Tart, Calvados Cream
Sugar Free - Spiced Peach, Apricot & Pear Compote with Orange Sauce
Maple Nut & Vanilla Ice Cream with Raspberry Sorbet, Orange Sauce